

The logo for Life Health & Fitness Clubs, featuring the word "Life" in a white, cursive font on a purple background.

Health & Fitness Clubs

Refer a Friend or Family Member and Receive a free gift pack worth over **£250**

If you refer someone to Life Health & Fitness Clubs you will immediately receive:

	Worth
3 Free Personal Training sessions:	£75
4 free guest passes to use the club:	£30
1 Free MOT Health Check:	£20
5 Free entry tickets to Teamforce Paintball*:	£50
£30 off any holiday booked at the Travel House:	£30
Free wash and blow dry at Esprit@Life 5*Hair Salon:	£13
Free beauty treatment at Life Essentials:	£15
Free bottle of Chateau Rousseau red wine:	£20

Total: £253.00

*Teamforce paintball. 1 voucher valid with every full paying entry.

